

Meet Mrs. Friedman



I would love to hear from you! Please contact me at any time with questions, comments or any concerns you may have.

About Me:

I love being a school counselor! I enjoy helping kids and supporting teachers and families. When I am not at school, I love to travel and explore new places. I also love reading and spending time with my family and friends.

Contact Information:

friedmand@nashua.edu (603) 966-2326

What Does a School Counselor Do?

- ★ Helps students understand their feelings, resolve conflicts, problem solve & recognize strengths.
- ★ Teaches classroom lessons about feelings, friendship, conflict resolution, empathy, goal setting, & more.
- ★ Meets with small groups of students to encourage friendships and practice new skills
- ★ Works closely & collaboratively with teachers & families to help students succeed.

